

## Grades K- 1: E-day Assignment Sheet

**INSTRUCTIONS:** Pick at least one activity in each category to make up the required time. Mark off what was completed, sign, and return the form on the first day school is back in session.

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**Date of E-day:** \_\_\_\_\_

### **Worship:** 35 minutes

- Read and discuss a Bible story.
- Act out a Bible story.
- Draw a picture telling a Bible story showing what happens first, next, and last.
- Do a random act of kindness for a neighbor or family friend.
  - Examples: bake cookies, draw a picture, or shovel snow
- Draw a picture of how you show love and kindness to your family.
- Sing three worship songs together.

### **Story Time:** 35 minutes

- Read a Dr. Seuss book.
- Work on sight words.
- Act out a story.
- Have parent or older sibling ask you questions about a story they read to you.
- Draw a picture or write a sentence of a book that was read to you.

### **Phonics/Reading:** 35 minutes

- Read to parent/older sibling.
- Read to a pet.
- Practice letters and sounds.
- Play a game teaching/using phonics.
- Write the alphabet in upper case.
- Write the alphabet in lower case.

### **Keyboarding:** 20 minutes

- Practice keyboarding by typing something like your spelling words, memory verse, or your writing assignment

### **Math:** 35 minutes

- Play a game that requires counting and/or number recognition.
  - Examples: Trouble, Dominoes, Shoots & Ladders, Go Fish, UNO, Skip-Bo
- Sort and discuss coins and their values.
- Count the worth of a pile of pennies, nickels, and/or dimes.
- Count by 2's, 5's, and 10's to 100.
- Write in numerical order 0-20.
- Use a ruler and measure things around your house.
- IXL Math Practice

**Art:** 35 minutes

- ( ) Draw and color a picture of your favorite animal/place/person.
- ( ) Construct something using items from nature or recycled.
- ( ) Make a creature/picture using food for a snack/meal.
- ( ) Make a card and mail it to someone you love.
- ( ) Practice the piano or other musical instrument.
- ( ) Make a collage of healthy food using old magazines
- ( ) Make a paper chain.
- ( ) Play a game teaching/using spelling like Scrabble, Boggle, or Bananagrams.

**Exercise:** 35 minutes

- ( ) Go for a walk with your family.
- ( ) Make an obstacle course and run through it 5+ times.
- ( ) Play at the park or other play area.
- ( ) Go sledding or build a snowman/fort.
- ( ) Help shovel snow, vacuum the carpet, or other physical chore.
- ( ) Do 10 of each: sit-ups, push-ups, jumping jacks, and wall sits.
- ( ) YouTube: Exercise with Jack Hartman.

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Student's Signature

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Parent's Signature